



HADDON DENE SCHOOL

57 Gladstone Road • Broadstairs • Kent • CT10 2HY

Friday 9th March

Dear Parents,

“When I was about to break a world record and become well known, my mother used to say that for her the important thing was for me to become a doctor - a career which had not been possible in her generation and in her society. Sport was something to be set aside.

Sir Roger Bannister

It was such sad news to hear the passing of Sir Roger Bannister, the first person to run a mile in under four minutes. His time of three minutes 59.4 seconds, set at a sports ground in Oxford on 6 May 1954, stood as a record for just 46 days. He became a household name over night and has been an inspiration in athletics history. Sir Roger Bannister only trained for 45 minutes a day as he was too busy with other interests especially concerning medicine. He felt that 45 minutes of quality training was far better than quantity.

Our children aspire to do their best in all they attempt at Haddon Dene whether that be academic, art and drama or sport. Sir Roger Bannister has shown that if you are focused and aim high you can achieve so much.

Year Four Step Back in Time

On Tuesday, Year 4 presented an assembly on World War Two. The children have been enjoying the history topic so much they wanted to share their knowledge with their families and peers. During the assembly, the children shared facts about the war and described how they imagined being a child in the war would have felt. Despite the technical failure, the children “kept calm and carried on”! Eevee’s grandad, who was an ex-soldier in the war said he was very impressed with the children’s reflections. He has offered to come into school to talk to the class about his experiences. It was a very informative assembly. Well done!



HEADMISTRESS: Miss Alison Hatch B.Ed(hons), NPQH, DipHE

Telephone: 01843 861176 **Email:** secretary@haddondene.co.uk **Web:** www.haddondene.co.uk

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Investigating Healthy Eating in Year 6

Year 6 kick started science week early this week with an investigation of the digestive system. At the beginning of the week, we spoke about the importance of having a balanced diet and the risks associated if this is not followed. It was announced in the news this week, that Public Health England is targeting pizzas, ready meals, processed meat and takeaways, in a new obesity drive. The government agency has also urged the food industry to start using healthier ingredients and encourage the public to opt for lower calorie foods. It is estimated that 20% of all 10-11 years old are currently classified as obese. Lessons such as these are vital in order to educate our children about the importance of healthy lifestyles.

We spoke about the process of digestion and put this into practice with a very practical activity of making faeces. They began with cereal and banana and added coloured water to represent the saliva. They worked in pairs, processing the food through the stomach (food bag) and intestines (stocking), adding fake stomach acid and enzymes as the food moved through the digestive system. This was a very exciting and engaging investigation which made them think about digestion and the organs in our bodies.



Intoxicating Learning in Science Club

In science club this week, the group made soap and lip balm to complete our cosmetic chemistry topic, just in time for Mothers' Day. The group learned about reversible changes. They were required to melt the soap base, add the essential oil and colouring before pouring this into the mould which very shortly solidified into soap. Similarly, the group melted avocado wax and almond oil to form the lip balm, they added cherry flavouring before pouring this liquid substance into lip balm containers and they could clearly see the lip balm set and solidify. They are excited for next week's session where they will be making butter.



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Caring for the Community

On Tuesday, Year Three visited Maurice Lodge Care Home. The children really enjoyed talking to the residents about their wartime experiences as children. They discovered that Nora lived on Jersey, which was occupied by the Germans, that Sally wasn't evacuated, but had evacuees come to stay with her because she lived in a remote part of Scotland, Albert was part of the Dunkirk forces evacuated from the beaches, and that various other residents were evacuated around Britain. They were amazed that practically every resident reported that they didn't find their wartime experiences hard or terrifying, but enjoyed their childhood. The children then visited the chickens, served afternoon tea to the residents, and played 'balloon whack' with some of the residents. All the children and residents are keen for a return visit in the near future.



Reception are 'Trotting Along' Nicely

Just look at how much fun our Reception class are having at the stables this week. They are growing in confidence every time they mount their horses, even the wooden ones!



Aiming High at the Thanet Music Festival

All of the Haddon Dene pupils represented the school very well last weekend at the Thanet Festival. They all gave very strong performances of their pieces and despite the tough competition, George Kemp achieved 2nd place in the Solo Under 8 class and Grace James and Eevee Tilston won 1st place in the Duet Under 10 class. We are very proud of all the children who took part in this prestigious event for their hard work as well as their courage on the day to perform in front of such a large audience.



Excellence Awards

These children have been nominated for an Excellence in Conduct or Excellence in Learning Award and have received a red tie and a certificate. Well done to all these children!

	<i>Excellence in Conduct</i>	<i>Excellence in Learning</i>
Reception	Jemima Fisher-Bowes	Sammy Franklin
Year One	Alex Tran	Rupert Russell
Year Two	Harrison Green	Henry Hodge
Year Three	Lottie Francis	Safa Syed
Year Four	Chloe Keel	Eevee Tilston
Year Five	Thepthikha Kirupakaran	Lyla Gaspa
Year Six	Milly Deeprise	Franklin Shepherd

We would like to remind children to please return the red ties that they wear with pride, after a week. They need to be returned in good order. Thank you.

House Points Winners

<i>Haddon Dene House Point chart</i>		
<i>Week 7:</i>	<i>Manners</i>	<i>Vernon</i>
	86	81
<i>Running total:</i>	522	504

Dustpan and Brush Award for the Tidiest Classroom

This week's winners are Year One and Year Four, congratulations! Our cleaners, Mr Pullman and Mrs Sagir were very impressed with how you have kept the classrooms. The sparkly dustpan and brush will be displayed in your clean classrooms.

Attempt to Swim The Channel in Aid of Sports Relief!

Good luck to Olivia, Isabella, Betty, Franklin and Millie T who are attempting to swim The Channel on Monday. They will be swimming continuously from 8am-2pm in aid of Sports Relief. The school are taking part in a sponsored run on Friday 23rd March. Please look out for sponsorship forms which have been sent home.

Sir Roger Bannister Mini-Me

Haddon Dene School has its very own Sir Roger Bannister!

We wish Franklin in Year 6, all the best for this Saturday when he participates in the British Schools Modern Biathlon at Crystal Palace. This is already such a great achievement but it doesn't stop there...

He has also qualified for the National Primary Schools Cross Country Championships. He represents Kent in Leicester on Saturday 24th March. I am sure you will join us in wishing him all the best. We will keep you updated.



PFA Update



Dear Parents and Friends,

Forthcoming Events:

Wine tasting: 15th June

Summer Fair: 13th July

Christmas Ball: 24th November

Thank you for your support, *The Friends of Haddon Dene*

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Message from the Office

- Please visit and 'like' our Facebook page (www.facebook.com/haddondeneprepschool) for further pictures and videos.
- Thank you to the PTA for sorting the Mothers Day Shop. It is very appreciated.

This mornings' assembly was not only celebrating our childrens successes but also our wonderful Mums. We wish all our mothers, grandmothers and aunties a lovely Mothering Sunday. We are sure that you will be totally spoilt!

Kind regards



Miss Alison Hatch
Headmistress

Forthcoming Dates:

12 th March	National Science week After school Science club for Year 6 'Pumpkin' to visit
13 th March	Year 3 assembly Netball at Dane Court – 3.45 -5.30 pm
14 th March	Kent Life trip – Year 3&4 – Egyptian Day Horse riding – Reception PCSO Dew to visit LD
15 th March	Visit to Dover Castle – Year 1&2 Shakespeare Company – King Ethelbert School, Year 6
16 th March	Assembly – all welcome Rugby – 4.00 – 5.30 pm venue tbc
19 th March	Easter Cracked – Year 6 – Queens Road Baptist Church After school Science Club for Year 6
20 th March	Festival of Song concert – Winter Gardens Margate 7pm Performance (Choir rehearsals 9.20 am – 2.30 pm at the Winter Gardens) Year 2 assembly
21 st March	Horse riding – Reception Netball High 5 – Dane Court 4.00-5.45 pm
22 nd March	Tri Golf – Year 3&4 1pm-3.30pm Hindleap - Parent meeting 3.30 pm
23 rd March	Assembly – all welcome Sport Relief – sponsored run – PE kit to be worn with item of 'red' Current Parent Open afternoon – 1.30-3.30 pm Rugby mini festival venue tbc 2 nd payment due for 'Aladdin'
Sat. 24 th March	Pre-prep open morning – 9.30-12 noon – 'Spring into Easter' Kent school swimming – Hartsdown National Biathlon – girls final – crystal palace National Primary schools – cross country
25 th March	National Biathlon – boys final – crystal palace
26 th March	NO CLUBS Easter Service at Baptist Church, Queens Road – Yrs. 1-6 (Children only)
27 th March	Year 1 Assembly Visit to Howletts Wild Animal Park – Yr. 6
28 th March	Cat Protection workshops for whole school Horse riding for Reception
29 th March	Term Ends 12 noon
Sat. 21 st April	Rugby Tournament venue tbc
23 rd April	Inset day
24 th April	Term begins

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MENU

Week Commencing 12.3.18

MONDAY

**Cornish pasties, mashed potato, mixed vegetables & gravy
Bread roll, salad bar
Ham, chicken, tuna, cheese
Fruit salad & cream / fresh fruit**

TUESDAY

**Cold meats, cheese/tuna, salad, coleslaw, new or jacket potatoes
Bread roll, salad bar
Ham, chicken, tuna, cheese
Sponge pudding & custard / fresh fruit**

WEDNESDAY

**Cottage pie, cabbage, carrots & gravy
Bread roll, salad bar
Ham, chicken, tuna, cheese
Choc ices / fresh fruit**

THURSDAY

**Turkey meatballs, pasta & salad
Bread roll, salad bar
Ham, chicken, tuna, cheese
Strawberry whip / fresh fruit**

FRIDAY

**Roast port, broccoli/cauliflower medley, roast potatoes & gravy
Bread roll, salad bar
Ham, chicken, tuna, cheese
Jelly, fruit & cream / fresh fruit**

Please speak to a member of the school catering team or class teacher if your child has an intolerance to any of the 14 allergens in food.

Cold meats available

Fresh fruit available everyday

Vegetarians catered for